



# Entrees

Half/Full

 \* JERK CHICKEN  
Juicy chicken marinated with seasonings from  
Jamaica, Jerked in a Jerk pan. ....\$7.50/\$11.75

\* BROWN STEWED CHICKEN  
Marinated chicken topped with a savory onion, sweet pepper  
tomato sauce. ....\$7.50/\$11.75

\* CURRIED CHICKEN  
Yellow curry and chicken slow cooked in scallion, sweet peppers  
and garlic. ....\$7.50/\$11.75

 \* BROWN STEWED FISH  
Fish, browned and stewed down in tomatoes, sweet peppers and  
hot peppers. ....\$8.25/\$12.75

\* ESKOVITCH FISH  
Fried fish garnished with onions, sweet peppers, carrots and hot  
peppers. ....\$8.25/\$12.75

\* STEAMED FISH  
Steamed fish in a buttery sauce topped with onions, tomatoes,  
sweet peppers and garlic. ....\$8.25/\$12.75

# Traditional



## CURRIED GOAT

\* Tender goat pieces slowly cooked in yellow curry sauce. \$8.25/\$12.75



## OX TAIL

\* Skillfully browned beef stewed down into creamy gravy with lima beans. . . . . \$8.25/\$12.75



## ACKEE & SALT FISHI

\* (Jamaica's National Dish) Ackee fruit cooked down with Salt fish, onions, sweet pepper and tomatoes. . . . . \$8.25/\$12.75

## FISH SOUP

\* Fish, Irish potatoes, onions, turnips, carrots, and pumpkin boiled to flavor. . . . . \$3.50/\$6.99



## ITAL STEW

Pumpkin, Irish potatoes, carrots, turnips, beans, coconut milk and Choco simmered to perfection. . . . . \$4.50/\$6.99

# Vegetarian

Half/Full

## CURRIED TOFU

Curry and tofu mixed with broccoli, cauliflower, and carrots in coconut milk. . . . . \$6.25/9.50

## BROWN STEWED TOFU

Tofu browned and stewed with onions, sweet pepper, tomatoes and garlic. . . . . \$6.25/\$8.99

## RASTA PASTA

Savory slices of tofu surrounded by pasta and topped with vegetables and sauce. . . . . \$5.50/\$6.50

## VEGGIE BURGER

Vegetable patty served on a whole wheat bun with tomato, lettuce and onions. . . . . \$6.99

## HOUSE SALAD

Colorful assortment of fresh tomato, celery, radishes, cucumber, lettuce and carrots with your choice of dressing . . . . . \$5.25/\$9.50

# Specials



## JERK CHICKEN SANDWICH

Signature Jerk chicken shredded and served with lettuce, tomato and avocado on whole wheat bread. . . . . \$6.99



## SALMON SANDWICH

Smoked salmon filet on top of whole wheat bread, served with lettuce tomato and avocado. . . . . \$8.25



## JERK SALAD

Our house salad topped with juicy shredded Jerk chicken. . . \$8.25

# Children's Menu

All items include Plain Rice.

## KID'S JERK CHICKEN SANDWICH

A pint sized version of our original ..... \$4.50

## CHICKEN TENDERS

Tender boneless chicken pieces seasoned and fried with special  
spices. .... \$4.50

# Sides

## DUMPLING

Whole wheat flour kneaded and boiled into a savory  
dumpling (2) ..... \$1.99

## RICE & PEAS

Brown rice and kidney beans boiled and steamed in coconut  
milk with onions, scallion, and other spices. .... \$2.50

## PLAIN RICE

White basmati rice. .... \$1.99

## FESTIVALS

Flour and cornmeal sweetened and deep fried. .... \$1.00

## PLANTAINS

Fried plantains (4). .... \$1.99

# Beverages

## SORREL

Authentic Jamaican Sorrel with ginger. . . . . \$3.00

## GINGER LEMONADE

Refreshing homemade lemonade with a ginger twist. . . . . \$3.00

## FOUNTAIN DRINK

Coke, Diet Coke, Sprite, Nestea, Barq's Root Beer, Dr Pepper  
..... \$1.50

## CARROT JUICE

Carrots and ginger blended to creamy nutritious juice. . . . \$3.00

Half portions include: Fried plantains and avocado with one side. Full portions include: Fried plantains and avocado, soup or salad, and your choice of white rice or Rice and peas.